



Colonie TV Program Descriptions

Wednesday, Jul 18 to Jul 24, 2016

Albany County News with Mary Rozak	Mary welcomes Kathy Lanni and Dr. Mandeep Sidhu from the Capital Region Advisory Board of the American Heart Association. AND Mary discusses the Albany Empire football team with George Manias, VP of Business Operations and Shawn Lockett, Fullback. AND Mary visits with Peter Gannon, new CEO of the United Way of the Greater Capital Region.
Artist's Corner with Joe Nash	Joe talks with artist Marion Leap of about her art and career as a teacher for Albany City Schools.
Library Book Review with Joe Nash	Glenville resident Larry Lewis talks about his new book <i>Sadie's Boys</i> , which tells the story, through letters and official documents, of two poor Jewish soldiers from Brooklyn who fought for their country in World War II.
Mental Health Now with Matthew Shapiro	Matthew welcomes Garra Lloyd-Lester, Director of Community Initiatives, with the Suicide Prevention Center of New York State.
Miscellaneous	Death with Dignity-Albany presents "Positive Aging: Adding More Life to Your Years," with Susan Harris, PhD. (Part 1) and Ellen Cole, PhD. (Part 2) AND The Village Movement for Seniors- Ken Harris from the Albany Guardian Society discusses grassroots organizations that coordinate access to services to assist aging place.
Legislative Update with John McDonald	Joe Nash visits with NYS Assemblyman John McDonald for an update on timely legislative issues .
Spotlight on Sports with Tom Scarff	Tom Scarff talks with Michael Burgess, author of <i>A Long Shot to Glory</i> , about the possibility of returning the Winter Olympics to Lake Placid.
Story by Story with Joe and Kate	Kate Dudding shares stories and highlights July storytelling events with guest storyteller, Nancy Marie Payne.
Young at Heart with Tom Scarff	Tom welcomes Denise Kolankowski, Registered Dietitian with the Albany County Department for Aging, to discuss nutrition. AND Tom visits with Mary Lou Bartolotta Connolly, local business owner and former Albany County legislator.
Storytimes	Join the youth services staff each weekday at 9am and 7pm for stories, songs, fingerplays and fun. This program is for children of all ages.