



Colonie TV Program Descriptions

Wednesday, Jul 11 to Jul 17, 2016

Albany County News with Mary Rozak	Mary takes a look at the Albany County Department for Aging with Commissioner Lisa Ferretti. AND Mary discusses the Albany Empire football team with George Manias, VP of Business Operations and Shawn Lockett, Fullback. AND Mary visits with Peter Gannon, new CEO of the United Way of the Greater Capital Region.
Library Book Review with Joe Nash	Glenville resident Larry Lewis talks about his new book <i>Sadie's Boys</i> , which tells the story, through letters and official documents, of two poor Jewish soldiers from Brooklyn who fought for their country in World War II.
Mental Health Now with Matthew Shapiro	Matthew welcomes Garra Lloyd-Lester, Director of Community Initiatives, with the Suicide Prevention Center of New York State.
Miscellaneous	Death with Dignity-Albany presents "Getting Your Affairs in Order: Part 2, Digital Estate Planning" presented by Dorothee Racette. AND Death with Dignity-Albany presents "Positive Aging: Adding More Life to Your Years," with Susan Harris, PhD. (Part 1) and Ellen Cole, PhD. (Part 2) AND The Village Movement for Seniors- Ken Harris from the Albany Guardian Society discusses grassroots organizations that coordinate access to services to assist aging place.
Legislative Update with John McDonald	Joe Nash visits with NYS Assemblyman John McDonald for an update on timely legislative issues .
Senior Connections with Diane Conroy-LaCivita	Diane talks with Lauren Harrington about the Umbrella program and the Tool Box and Sharon Herald about Summerfest.
Spotlight on Sports with Tom Scarff	Tom Scarff talks with Michael Burgess, author of A Long Shot to Glory, about the possibility of returning the Winter Olympics to Lake Placid.
Story by Story with Joe and Kate	Kate Dudding shares stories and highlights July storytelling events with guest storyteller, Nancy Marie Payne.
Young at Heart with Tom Scarff	Tom welcomes Denise Kolankowski, Registered Dietitian with the Albany County Department for Aging, to discuss nutrition.
Storytimes	Join the youth services staff each weekday at 9am and 7pm for stories, songs, fingerplays and fun. This program is for children of all ages.